TriSkills is committed to helping build excellence in Health and Physical Education in primary schools throughout Australia.

For more than 25 years our professional, friendly team has provided support for schools with tailor made, fun and affordable during school programs in gymnastics, sports and dance.

Our gymnastics, dance and sports programs are:

- Designed as a progression of lessons from Little Steps F-Year 2, Big Steps Years 3-4 and Giant Steps Years 5-7
- Designed by national PE, dance and gymnastics experts
- Aligned to the Australian HPE Curriculum
- Taught by accredited teachers and instructors
- Use equipment especially designed for children
- Reward children with certificates of achievement to acknowledge their learning
- Provide online classroom resources linking movement to other subject areas.

Our NSW franchises are also registered providers for gymnastics and selected sports under the Australian Sports Commission Sporting Schools initiative.

The original founders of the business, Dr Graham Dodd and Ken Mooney continue to be involved in our business. Together with our General Manager, Dr Marisa Maio Mackay and the rest of the TriSkills team, they look forward to building our relationship with the Catholic primary school community in NSW.

To learn more about our programs please contact Lucy Dodd via phone 1300 651 866 or email: lucy@triskills.com.au or visit our website at www.triskills.com.au.